

Under 2

- Sleep time
- Feed time
- Toilet training
- Screen time
- Play groups

2 - 3

- Bed time (including naps)
- Mealtimes (including snacks)
- Screen time
- Playtime/tidying up toys
- Read books
- Help put away groceries

4 - 5

- All previous tasks, as well as...
- Make their bed
 - Lay the table for meals
 - Water plants
 - Get dressed independently
 - Help with cooking

6 - 7

- All previous tasks, as well as...
- Take out the rubbish
 - Dust furniture
 - Wash dishes
 - Help look after pets
 - Help hang laundry

8 - 9

- All previous tasks, as well as...
- Clean bath/shower
 - Put away clean/dry clothes
 - Clean kitchen surfaces
 - Write shopping list
 - Vacuum the floors

10 - 11

- All previous tasks, as well as...
- Clean the bathroom
 - Mop floors
 - Cut vegetables independently
 - Sort laundry for washing machine
 - Help clean the car

12 +

- All previous tasks, as well as...
- Cook a meal
 - Load and hang laundry
 - Wash and vacuum the car
 - Make younger siblings beds
 - Iron clothes